Stickney Township Office on Aging

Thank you for participating in Stickney Township's meal program! Lunch reservations and/or cancellations must be made the day before, by 11:00 a.m. Suggested Donation: \$2.00 per meal

Mealsite: Tuesday & Friday Mealsite: Monday - Friday

North Stickney Senior Center 6721 W. 40th St. LSV Senior Center 7745 S. Leamington

Stickney Burbank

708-788-9100 708-636-8850

N/I				
Mon	Tue	Wed	Thu	Fri
3 Ribeye Steak Green Bean Almondine Roasted Potato	4 Turkey Monte Cristo Fruit & Loaded Potato Salad	Ash Wednesday Garden Quiche Popcorn Cauliflower Barley Beans	Meatloaf Mashed Potato & Peas	7 <u>4Cheese Lasagna</u> Sauteed Cabbage & Potato
Roasted Veggies & Potatoes	11 <u>Teriyaki Chicken</u> Wild Rice & Vegetable Blend	Sweet Potato & Veggie Mix Sweet Potato & Veggie Mix	Spanish Rice & Smashed Beans Output Description:	14 Poached Mahi Mahi *PEANUT OIL* Pasta Salad & 3Bean Salad
17 Taco Pizza - cauliflower crust Sweet Potato Fry & Green Beans	Albondigas Spanish Style Meatball Cilantro Rice & Steamed Peas	Mashed Potato & Veggie Mix	20 Apricot Glazed Turkey Roasted Asparagus & Cheesy Potatoes	21 Rueben Sandwich Cole Slaw, Beet Salad Side mustard *DINE-IN ONLY*
24 <u>Grilled Chicken- Pollo Asado</u> Corn Cob w/Cotija Cheese & Brown Rice	Brussel Sprouts	26 Chicken Chilaquiles Rice, Beans & Nopales Salad	Stuffed Pepper Broccoli & Sweet Potato	Oven Fried Catfish Corn Bread & Vegetable Blend
21 <u>Chicken Fajita</u> Rice & Roasted Peppers				